Message from the Principal.

Our app now has 390 subscribers – Join the “informed” crowd!

School Photographs

Please find, together with this week’s newsletter, an envelope from Advancedlife – the company taking the photos this year. As mentioned last week, you can order on-line (the instructions are on the top right hand side of the envelope) or you can use the envelope provided. Photos are being taken on Thursday 19 March and money needs to be sealed in the envelope and returned on the day. You can choose which option you would like to purchase – the options are on a letter enclosed in the envelope are designed to cover all budgets. Please note, as mentioned last week, you can purchase the single image of your child on-line for $8 from www.advancedlife.com.au. Envelopes are available at the front office for those parents who would like to purchase photos of siblings together. The school is not able to provide change for photo envelopes and we are unable to handle enquiries. All enquiries need to be directed to enquiries@advancedlife.com.au or call 1300 728 972. Envelopes have also been sent out to those parents who receive the newsletter by mail.

5P Planning

Our executive team are working on the plan of initiatives for the school 2015 – 2017. As mentioned in a previous newsletter, this involves setting 3 Strategic Directions and planning the measures to achieve these. We have been finetuning our directions, keeping in mind the feedback gained from last year’s “future directions” and “Tell Them From Me” surveys which were completed by staff, students and parents, together with new initiatives from the Department of Education and Communities. Our Directions are:

- Strategic Direction 1 – Aspiring, Responsible Learners - with the purpose: To develop students who are aspirational, successful, achieving their full potential and are respectful and responsible citizens of the future
- Strategic Direction 2 – Quality Teaching, Leading and Professional Learning - with the purpose: To develop a team of dynamic, forward planning professionals who seek, share and implement best practice and are committed to the provision of an innovative, 21st Century education across all areas of the school curriculum in an inclusive, engaging and supportive school environment.
- Strategic Direction 3 – Collaborative, Informed and Inclusive Partnerships - with the purpose: To establish collaborative and supportive partnerships which support students’ learning and celebrate the talents and diversity of all families in our community

As we progress through this process, more detail will be provided through our newsletter and, at the start of Term 2, the entire document will be published on our website. I would like to thank those families, including the P&C members, who have helped us on this journey so far.

Teddy Bears Picnic

This Thursday, March 5, brings our annual Kinder Teddy Bears Picnic. All Kindergarten children have been issued with an invitation to parents and carer to come along and join in the fun, starting at 12.00 midday and bring along a picnic lunch to share with your Kindergarten child. Older siblings are not able to join in as this is a special event for Kinder only so they can show how clever they are in settling into “big school”.

All Kindergarten parents should have now received the Best Start reports which outline results from the testing done in the first few weeks of school. These reports are beneficial to teachers who now know where your child’s learning is in Literacy and Numeracy, so they can program more targeted learning programs, and ways you can help move their learning along. Year 1 and 2 students will soon be bringing home similar reports based on the Learning Continuums in Literacy and Numeracy which will again show ways you can help your child’s learning at home as well as ensure they are receiving the correct level of work at school. As you can see, this way of assessing and reporting on individual child’s learning is a large part of all 3 of our Strategic Directions which are designed to maximise learning.

PBL – this week

This week, we are moving our focus to the second of our ‘R’s – RESPONSIBILITY. Although we continue to stress RESPECT as one of our core values, we are moving onto specific ways to show RESPONSIBILITY. This week we are looking at “Caring for the School Environment”. An overview of our RESPECT strand is also provided here for you.

What does being responsible for our school environment look like, sound like, feel like?
Staff Training
Another busy week for staff training this week. Our Yr 1 and Kinder teachers have demonstrated their L3 skills and met with their trainers who regularly report to me the high standard of the L3 implementation at WWS. Mr Barr, Mr Collins and I completed a further session on writing the 5P plan (as mentioned above) and all staff participated in further Literacy workshops.

Mrs K. Whealey
PRINCIPAL

P & C NEWS.

Student School Banking
School banking is now weekly, so don't forget to hand your completed bank book and money to your teacher first thing Friday morning. This year’s theme and prizes are “Outer Space” and you only have to make 10 deposits to redeem an “Out of this World” reward! Also, 25 or more deposits gains you an entry into a draw to win a family trip to Disneyland.

If you would like your child to participate in school banking, please visit your nearest Commonwealth Bank branch or its website www.commbank.com.au for guidance.

Meetings
The P&C Annual General Meeting (AGM) will take place on 13 March. The AGM is when all current formal committee positions are vacated and nominations called to refill the positions for 2015. You need to be a P&C member to register your interest for a position and to vote for nominees. Membership is payable before the beginning of the meeting.

P&C’s are a worthy cause and the effort made directly benefits your child(ren). For an annual joining fee of $2, you get to know other parents, gain a stronger insight into what goes on at school and have a say/vote in P&C and school activities.

We would love to see fresh faces and hear new ideas so please come along.

The general meeting for March will immediately follow the AGM.

PS: If you have children at home, bring them along and see how they go! Maybe bring a quiet toy or something they like to eat.

Uniform Shop
The uniform shop is open from 8:30 – 9:30am each Tuesday and Friday and is operated by volunteers. Please note, we do not have EFTPOS facilities – payments can be made by cash or cheque. Lay-by is available. If anyone has an oversupply of plastic bags, we would love to take them off your hands – hand in to Rebekah in the Uniform Shop or to Amanda or Jacqui in the Canteen.

SCHOOL PHOTO ENVELOPES WILL BE COMING HOME TODAY
PLEASE CHECK YOUR CHILD’S BAG.
ENVELOPES ARE DUE BACK ON THE 19TH MARCH 2015.

Working Bee
Woy Woy South Public School is seeking volunteers to revitalise the school gardens during a working bee to be held at school on Sunday March 15. The working bee will commence from 9am and finish before lunchtime. If you are interested in helping, please leave your name and contact details at the front office.

We hope to see you there,
Mrs V. Bain.
Why does sleep matter?

Experts acknowledge that sleep plays a significant role in brain development, and it is therefore important for children to get enough sleep as their bodies grow and mature. Sleep is crucial for teenagers - it is while they are snoozing at night that they release a hormone that is essential for the growth spurt during puberty.

As well as the role it plays in brain development, sleep also plays an important role in our brain's day-to-day ability to function. Lack of sleep makes it much harder for us to concentrate, and we become forgetful, irritable and prone to being clumsy and making mistakes. Furthermore, scientific evidence shows that the right amount of night-time sleep is just as important for children's development as healthy eating and regular exercise.

How much sleep does my primary school child need?

Sleep requirements differ from individual to individual, but in general a younger child needs more sleep than an older one. Between the ages of five and 11, your child will need 10-12 hours of sleep a night. A bedtime routine is the best way to ensure that your child gets enough sleep. Devise a routine that lasts 30-40 minutes, and includes a bath and the chance to read a story (or stories) together. Try not to change your routine – don't change it at all during the week, and if you want your child to have a slightly later bedtime at the weekend, then only change it by maybe an hour.

Bedtime is a chance to spend some quality time together, and if it's a time both you and your child enjoy, your son or daughter will settle down in bed and drop off to sleep more easily.

At stressful times, such as when your child starts in Reception, and at the start of each new school year, your child will probably get more tired than usual and will need more sleep.

In the summer, because of the light evenings, it may be tempting to keep children up later – but try to keep to scheduled bedtimes, and invest in curtains with a blackout lining so the room is dark.

Towards the end of primary school, your son or daughter may start to stay up later in the evening, maybe chatting to friends online, playing games on a console or watching TV. They will find it difficult to get up in the morning and will be tired or irritable during the day if they don't get enough sleep.

Limit your child's use of the internet, games consoles and TV in the hour before they go to bed – and ideally don't allow your son or daughter to have a computer, console or a TV set in their bedroom.

http://www.bbc.co.uk/schools/parents/sleep_matters/

Superstar Awards
Myiesha, Emily, Eliza, Reece, Luke, George, Liam, Charlie, Kate, Tora, Rory, Cooper

Assembly Behaviour – Mateeka
Class of the Week – K/1P
Bonza Bear Award – Laynie

DOLLARMITE CLUB!!
Student School Banking

School banking is now weekly and as it is week 6, many of you would be half way to redeeming a reward this term! Remember to hand your completed bank book and money to your teacher first thing Friday morning. Don't forget that deposits have been carried over from last year, so they will count towards your 10 tokens required to redeem a reward.

For more information, games, downloads, savings tips and other cool stuff check out www.commbank.com.au/personal/kids/school-banking

COMMUNITY NEWS.

Vacation Care Services
Coast Community Connections operates two Vacation Care programs.

- **Gosford Vacation Care at Gosford Public School**
- **Woy Woy Vacation Care at Peninsula Community Centre**

Your children will be supervised and cared for by trained, experienced educators who are committed to providing high quality care and delivering experience’s with fun incursions and excursions daily. Each Service is regulated through The Department of Education and Training

We are CCB approved- Child Care Benefit is a payment from the Australian Government that is designed to assist families with the cost of childcare.

Call us now on 43461348 for more information.
Last week’s photos......

Aussie of the Month for Years 3/6 was Jade of 5/6L.

PBL
Respect
Responsibility
Relationships

Aussie of the Month for Years K/2 was Shai of 2R.